

Vad säger forskningen om effekten?

Martin Forster



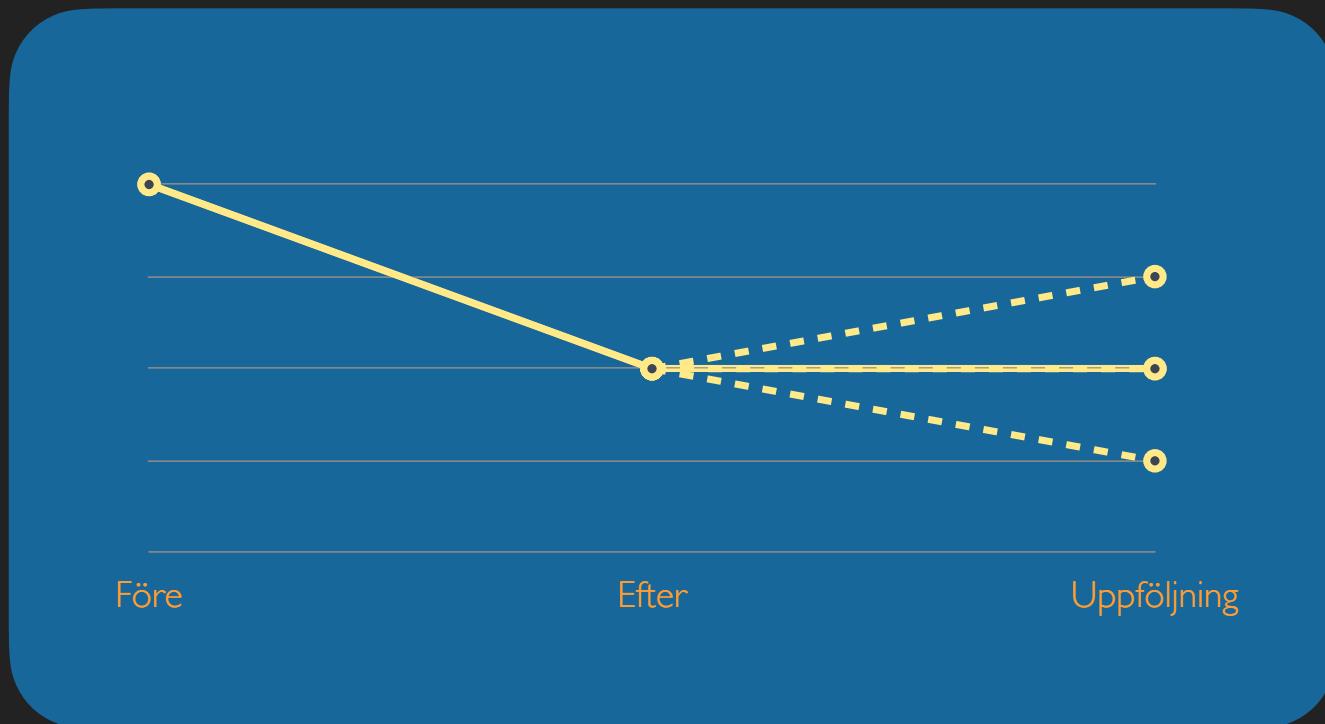
Karolinska
Institutet

Evidens för föräldrastöd

En slags behandling för barn har väletablerat stöd för att behandla utagerande problem hos barn:
Beteendebaserat föräldrastöd
(Kaminski & Claussen, 2017)

Två slags behandlingar har väletablerat stöd för att behandla utagerande problem hos ungdomar:
Multisystemisk terapi
Treatment Foster Care
(McCart & Sheidow, 2016)

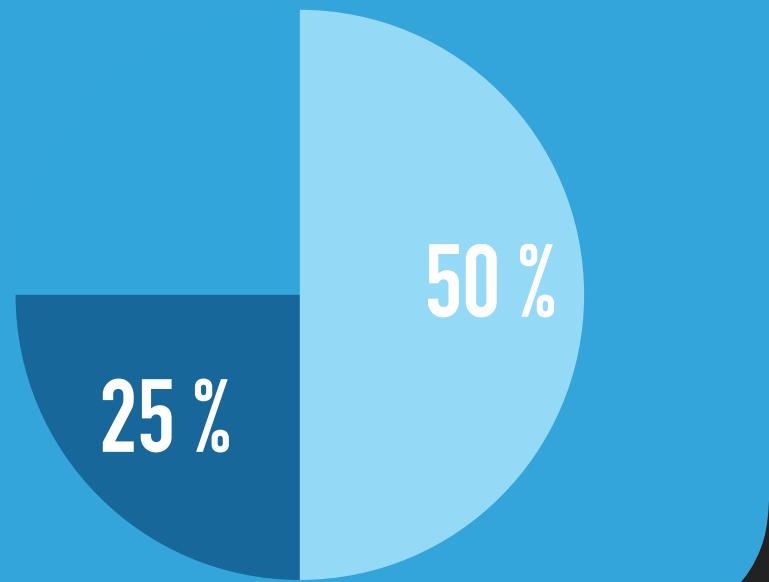
Håller effekterna över tid?



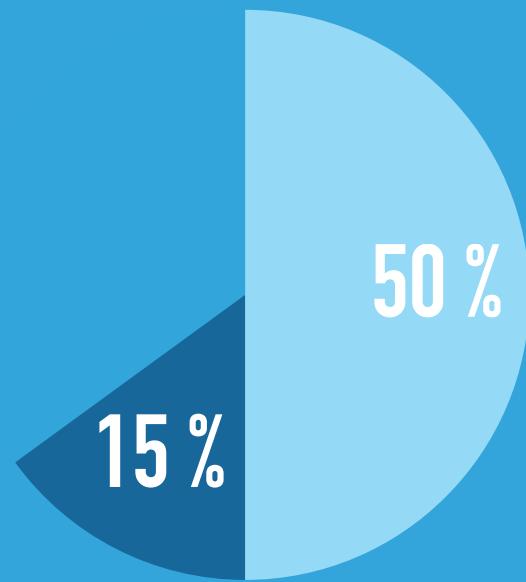
van Aar, Leijten, Orobio de Castro & Overbeek (2018)

Hur många ytterligare kan vi rädda?

STOR EFFEKT (D=0.80)

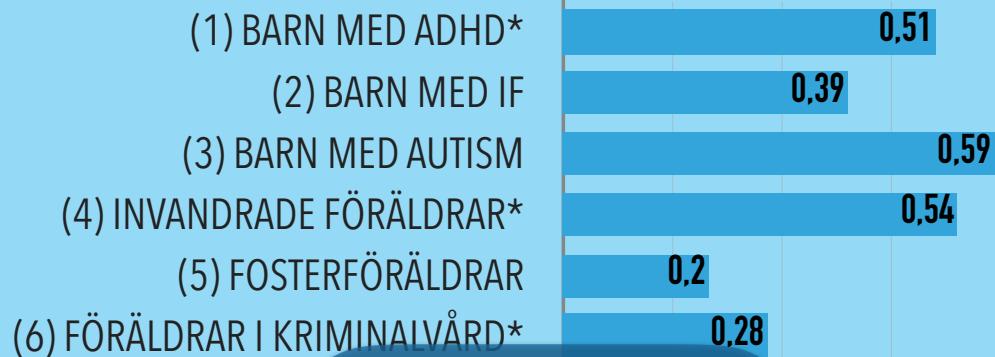


MEDELEFFEKT (D=0.50)



För vem och för vad har det effekt?

För vem?



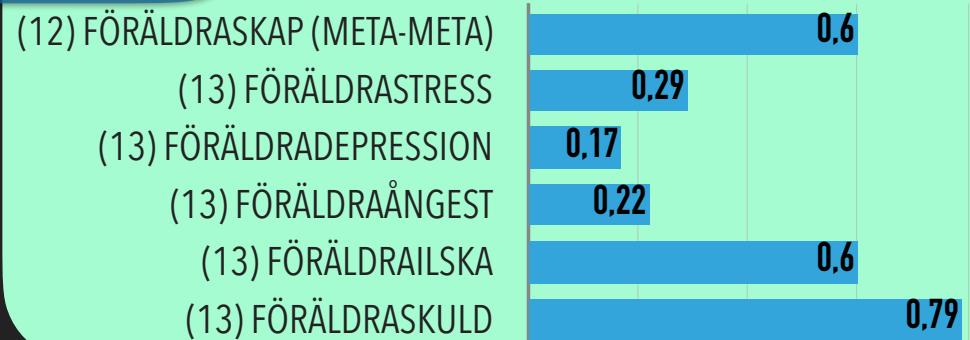
(14) VIA INTERNET?

D = 0.62

För vad (barn)?



För vad (föräldrar)?



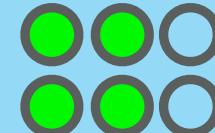
Randomiserade studier av iKomet (3-11)



Enebrink m. fl (2012)

104
fam

Utagerande
Föräldraskap



6 mån



Ghaderi m. fl (2018)

231
fam

iKomet = Family Check-Up

2 år



Engelbrektsson m. fl (publicering pågår)

135
fam

iKomet = Komet 3-11

I år

Föräldrawebben



75
fam

Wetterborg m. fl (2014)

Utagerande

Kamratproblem

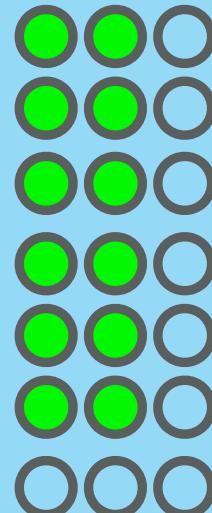
Relation

Nedstämdhet (U)

Nedstämdhet (F)

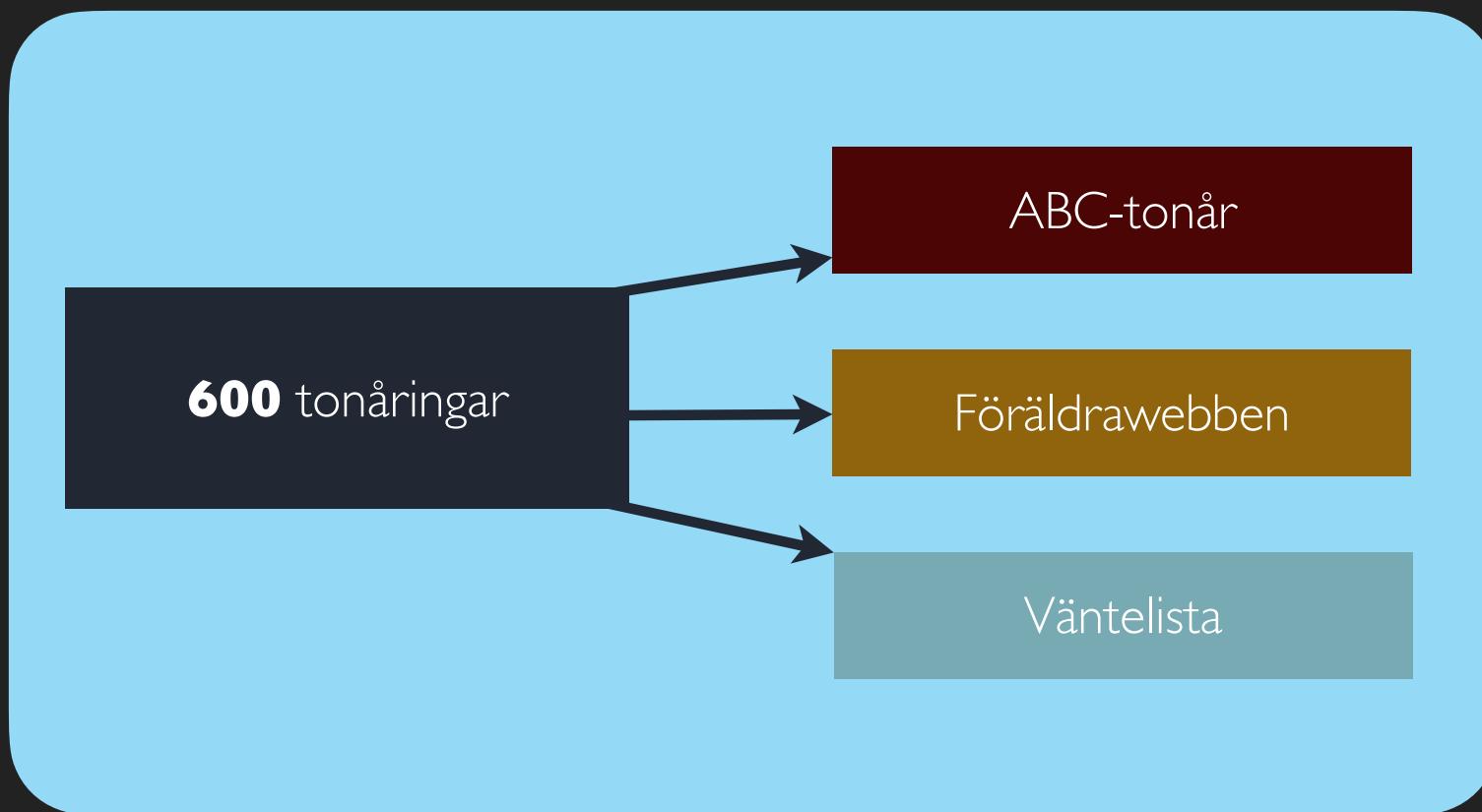
Stress (F)

Föräldraskap

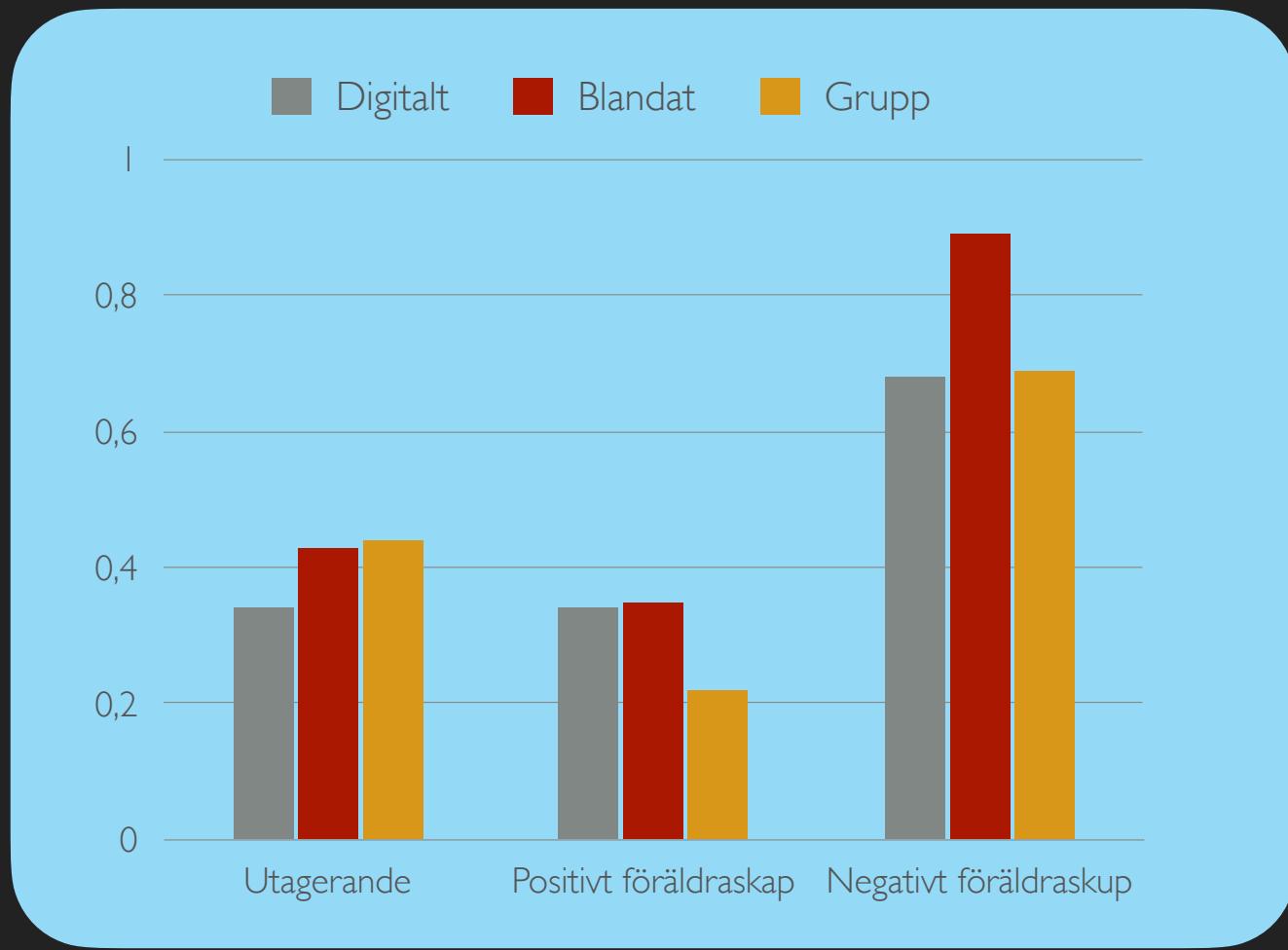


9 mån

ABC-tonår och Föräldrawebben



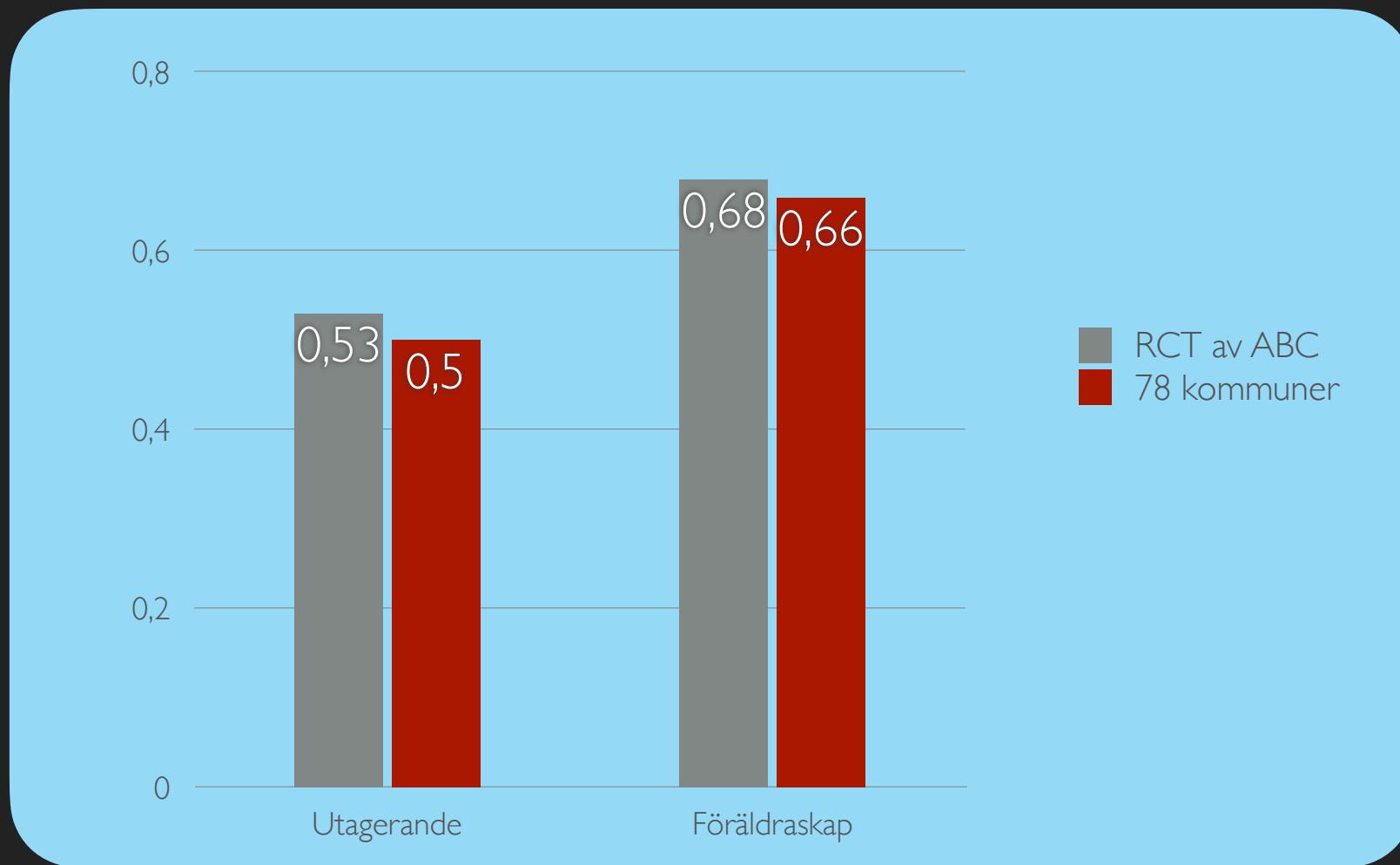
Hur funkar digitala ABC-grupper?



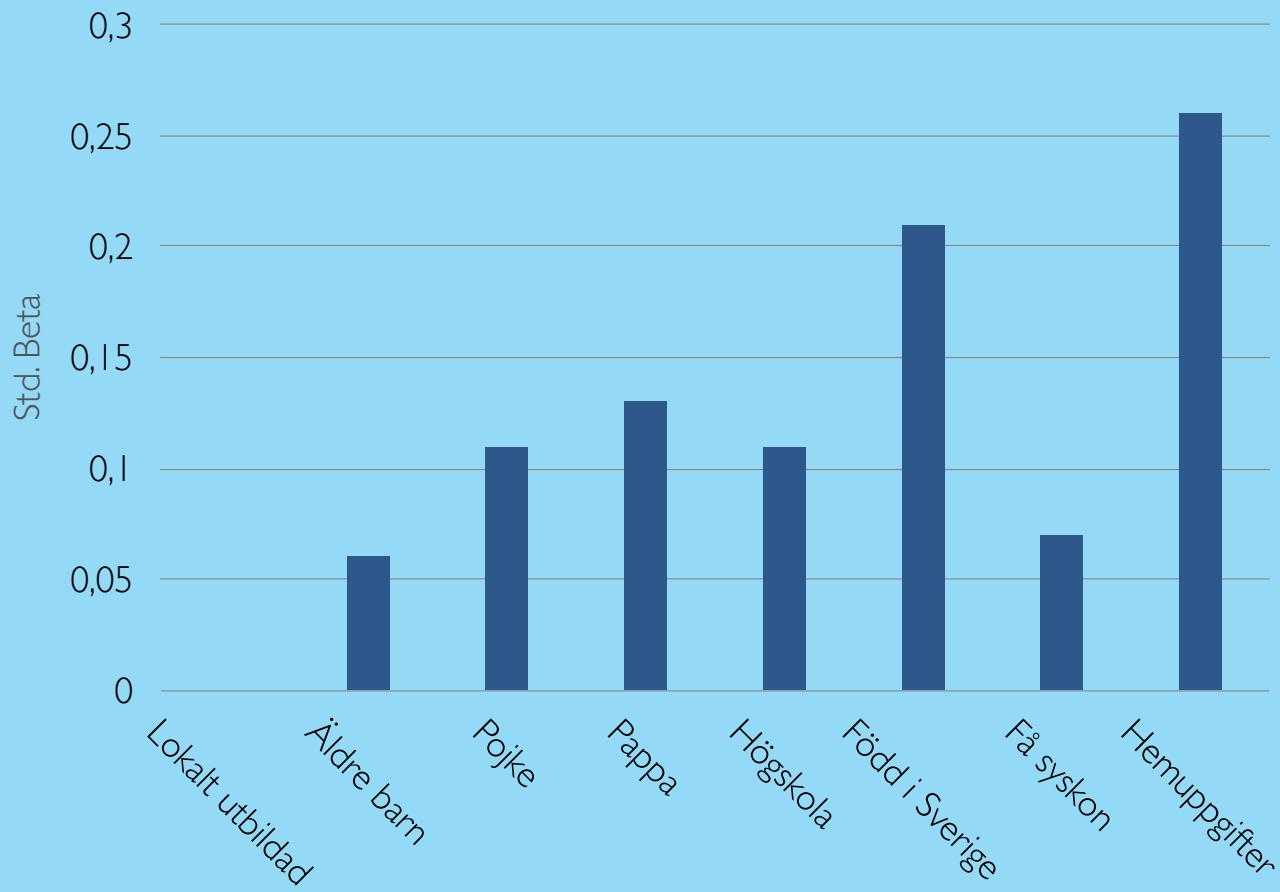
ABC med 1160 familjer i 78 kommuner

Mammor	71 %
Utrikesfödd	19 %
Högskoleutbildad	52 %
Gymnasieutbildning	39 %
Grundskola	9 %

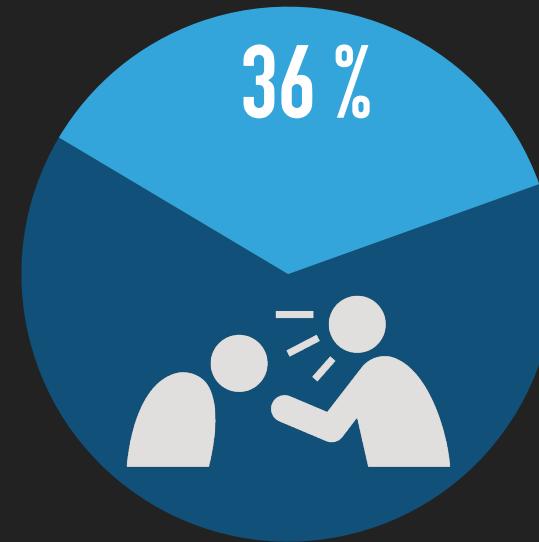
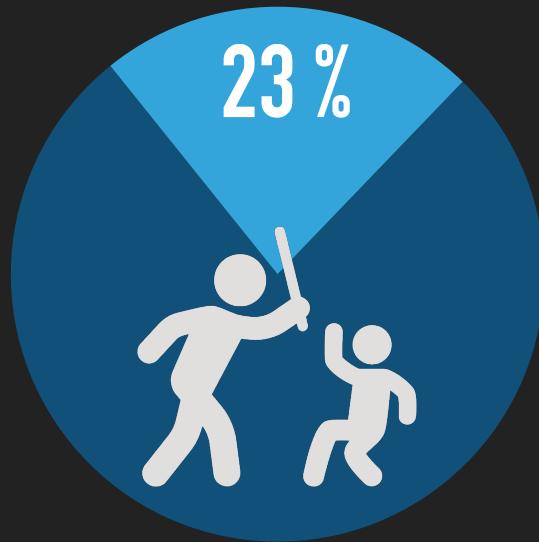
Hur står sig (inomgrupps)effekterna?



Vad påverkade effekterna?



PROBLEMET



MER PROBLEM

GENOMSNITTLIG EFFEKT AV
INTERVENTIONER MOT BARNMISSHANDEL...

0



Euser m. fl (2015)

ANTAL PUBLICERADE RANDOMISERADE
STUDIER OM INTERVENTIONER MOT
BARNMISSHANDEL I SVERIGE...

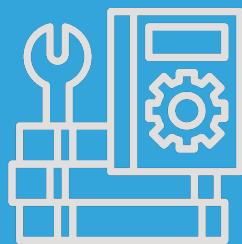
0



Vlahovicova m. fl (2017)

...OCH MER PROBLEM

IMPLEMENTERING OCH FORTLEVNAD AV
METODER INOM SOCIALTJÄNST ÄR EN
UTMANING...



EFTER ETT PAR MÅNADERS UTREDNING
AVSTÅR MÅNGA FÖRÄLDRAR FRÅN ICKE-
TVINGANDE INSATSER...

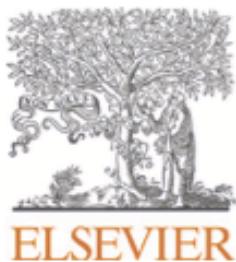


HUR SKULLE DET FUNGERA MED ETT TIDIGT ICKE-STIGMATISERANDE FÖRÄLDRASTÖD?

TRYGGARE BARN



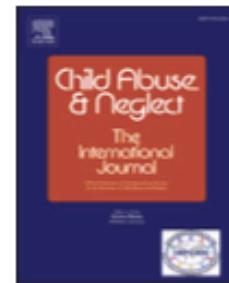
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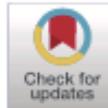


Feasibility and implementation of Safer Kids – A parenting program to reduce child abuse

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